

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
--------------	-------	------	----------	-----	---------------	-------	---	----

-

Regiokampioenschappen MidWest KB
Veenendaal, 11 - 12-11-2017

								22
Aquarijn								2
Bjorn, van DOESBURG, 18-12-2002								
100m vrije slag	series	1.	53.24	601	52.65	15-10-2017	98%	
400m vrije slag	series	1.	4:18.57	553	4:23.31	13-11-2016	104%	
50m rugslag	series	2.	29.15	442	28.13	28-1-2017	93%	
100m vlinderslag	series	1.	1:00.32	517	57.79	15-10-2017	92%	
200m wisselslag	series	3.	2:17.70	504	2:21.92	16-10-2016	106%	
Eva, WERKMAN, 30-5-1997								1
100m vrije slag	series	8.	1:01.40	570	1:01.05	4-12-2016	99%	
50m rugslag	series	7.	32.54	490	33.23	2-10-2016	104%	
100m vlinderslag	series	6.	1:09.22	491	1:07.31	4-11-2016	95%	
200m wisselslag	series	5.	2:30.23	533	2:29.30	15-10-2016	99%	
Jonna, WIELING, 9-9-2002								5
100m vrije slag	series	2.	59.49	626	1:00.00	14-10-2017	102%	
400m vrije slag	series	2.	4:37.10	606	4:45.55	15-1-2017	106%	
50m schoolslag	series	2.	35.94	514	36.39	13-5-2017	103%	
100m vlinderslag	series	2.	1:05.64	575	1:07.01	24-9-2017	104%	
200m wisselslag	series	2.	2:26.56	574	2:34.08	28-1-2017	111%	
Karl, van den BURG, 19-7-2000								3
100m vrije slag	series	18.	58.60	451	58.75	1-10-2017	101%	
100m vlinderslag	series	12.	1:07.20	374	1:07.50	11-12-2016	101%	
200m wisselslag	series	16.	2:27.88	407	2:28.12	12-2-2017	100%	
Linda, KAMPERMAN, 1-4-1996								2
100m vrije slag	series	6.	1:00.29	602	1:01.03	15-10-2016	102%	
50m rugslag	series	10.	32.67	485	32.86	9-7-2017	101%	
100m vlinderslag	series	4.	1:07.27	534	1:05.95	9-7-2017	96%	
200m wisselslag	series	4.	2:28.12	556	2:25.52	15-10-2016	97%	
Marin, WIELING, 25-4-2005								4
100m vrije slag	series	2.	1:04.51	491	1:05.98	1-10-2017	105%	
400m vrije slag	series	2.	4:58.02	487	5:21.38	12-3-2017	116%	
100m vlinderslag	series	1.	1:19.08	329	1:22.41	1-10-2017	109%	
200m wisselslag	series	2.	2:45.39	399	2:57.22	27-5-2017	115%	
Pieke, STERK, 20-4-2004								3
100m vrije slag	series	6.	1:05.95	460	1:05.74	24-9-2017	99%	
400m vrije slag	series	3.	5:03.13	463	5:06.85	15-1-2017	102%	
100m vlinderslag	series	4.	1:16.12	369	1:20.70	1-4-2017	112%	
200m wisselslag	series	5.	2:44.73	404	2:47.42	14-10-2017	103%	
Quinty, JANSEN, 3-11-2000								2
100m vrije slag	series	12.	1:03.02	527	1:03.38	15-10-2016	101%	
50m schoolslag	series	7.	36.26	501	37.07	15-10-2016	105%	
Yara, WELDAM, 17-12-2001								-
100m vrije slag	series	21.	1:08.07	418	1:04.40	12-2-2017	90%	
50m schoolslag	series	AFGEM		-	37.77	15-10-2016	-	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

								6
De Duinkickers								-
Deborah, VISSER, 4-7-2001								-
400m vrije slag	series	AFGEM	-	5:36.19	26-1-2017	-	-	
50m rugslag	series	AFGEM	-	37.00	27-1-2017	-	-	
50m schoolslag	series	AFGEM	-	42.64	26-1-2017	-	-	
100m vlinderslag	series	AFGEM	-	1:24.73	21-6-2017	-	-	
Femke, DOORENBOS, 12-3-2004								4
100m vrije slag	series	8.	1:06.03	458	1:05.10	14-10-2017	97%	
400m vrije slag	series	2.	4:55.54	499	5:12.93	29-4-2017	112%	
50m rugslag	series	6.	36.23	355	37.72	1-7-2017	108%	
50m schoolslag	series	3.	40.16	368	40.84	16-9-2017	103%	
200m wisselslag	series	4.	2:43.43	414	2:50.47	3-6-2017	109%	
Kevin, ROEST, 28-9-2000								-
100m vrije slag	series	19.	58.85	445	58.36	30-9-2017	98%	
Maaïke, de BOER, 7-11-1990								-
200m schoolslag	series	7.	3:00.04	417	2:54.82	11-2-2017	94%	
200m wisselslag	series	11.	2:38.89	451	2:37.57	25-3-2017	98%	
Noortje, WIJNSTEKERS, 24-4-2003								1
100m vrije slag	series	8.	1:05.57	468	1:06.63	24-6-2017	103%	
Sam, STALENHOEF, 21-1-2003								1
100m vrije slag	series	7.	1:05.00	330	1:09.63	4-6-2017	115%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

								10
De Fuut								4
Dianne, POSTMA, 25-9-2004								
100m vrije slag	series	10.	1:07.59	427	1:08.69	16-9-2017	103%	
200m rugslag	series	4.	2:48.64	353	2:49.16	14-10-2017	101%	
100m vlinderslag	series	6.	1:17.33	352	1:17.92	1-10-2017	102%	
200m wisselslag	series	6.	2:45.63	398	2:55.36	2-7-2017	112%	
Fayssal, LANTEMA, 18-3-2001								1
100m vrije slag	series	13.	56.17	512	56.16	8-10-2017	100%	
400m vrije slag	series	7.	4:24.63	515	4:29.26	1-10-2017	104%	
50m schoolslag	series	10.	36.13	341	34.33	23-9-2017	90%	
100m vlinderslag	series	15.	1:11.59	309	1:11.32	28-5-2017	99%	
200m wisselslag	series	12.	2:23.31	447	2:22.87	14-10-2017	99%	
Jesper, de LANGE, 15-10-1986								-
100m vrije slag	series	4.	1:24.38	151	1:22.08	18-12-2016	95%	
50m rugslag	series	4.	45.41	117	44.41	8-4-2017	96%	
Mika, van RIET, 15-7-2005								2
50m schoolslag	series	2.	41.09	344	42.95	21-5-2017	109%	
200m schoolslag	series	2.	3:10.53	352	3:21.45	28-5-2017	112%	
Nienke, MERKUS, 8-4-2003								-
50m schoolslag	series	AFGEM		-	38.23	8-10-2017	-	
Stefan, ROOZE, 26-6-2001								2
100m vlinderslag	series	10.	1:05.13	411	1:06.09	13-11-2016	103%	
200m wisselslag	series	13.	2:24.59	435	2:28.55	16-10-2016	106%	
Zena, BOUT, 14-12-2006								1
100m vrije slag	series	3.	1:14.63	317	1:15.77	14-10-2017	103%	
400m vrije slag	series	2.	5:54.02	290	5:50.77	8-10-2017	98%	

De Plons

-

De Treffers

-

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

De Zwoer								7
Charlotte, BREUKINK, 25-7-2004								2
100m vrije slag	series	11.	1:07.59	427	1:08.04	16-9-2017	101%	
400m vrije slag	series	5.	5:15.78	409	5:28.71	29-4-2017	108%	
Esmeralda, van SOEST, 25-8-2001								1
50m rugslag	series	11.	34.02	429	34.40	20-5-2017	102%	
100m vlinderslag	series	13.	1:15.93	372	1:15.72	3-6-2017	99%	
Jasper, van VEEN, 5-7-2002								-
100m vrije slag	series	7.	58.64	450	57.82	3-6-2017	97%	
400m vrije slag	series	7.	4:57.70	362	4:52.21	8-1-2017	96%	
50m rugslag	series	5.	31.57	348	30.92	8-10-2017	96%	
200m rugslag	series	5.	2:45.39	260	2:24.61	11-12-2016	76%	
50m schoolslag	series	2.	36.88	320	35.84	14-10-2017	94%	
100m vlinderslag	series	5.	1:10.97	317	1:10.05	8-10-2017	97%	
200m wisselslag	series	8.	2:31.33	380	2:29.49	3-6-2017	98%	
Mariëlle, VISSER, 7-1-2005								3
100m vrije slag	series	4.	1:09.24	397	1:12.41	3-6-2017	109%	
400m vrije slag	series	3.	5:16.25	407	5:28.88	29-4-2017	108%	
50m rugslag	series	1.	35.75	370	35.73	3-6-2017	100%	
200m rugslag	series	2.	2:42.71	393	2:47.09	14-10-2017	105%	
Mijke, BERGKOTTE, 2-4-1999								-
100m vrije slag	series	17.	1:04.40	494	1:04.38	14-1-2017	100%	
Suzanne, LANGE, 6-11-1992								1
100m vrije slag	series	11.	1:02.84	531	1:02.88	11-2-2017	100%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

GoSwim								2
Grisha, van der LINDEN, 26-1-2004								-
50m schoolslag	series	6.	42.62	207	40.84		92%	
Myrthe, BEIJEN, 8-12-2000								-
100m vrije slag	series	7.	1:00.80	587	1:00.55	12-2-2017	99%	
50m rugslag	series	4.	32.02	515	31.99	13-5-2017	100%	
200m rugslag	series	4.	2:34.26	461	2:32.37	12-3-2017	98%	
50m schoolslag	series	AFGEM		-	37.77	13-5-2017	-	
100m vlinderslag	series	AFGEM		-	1:09.39	30-9-2017	-	
Pepijn, LAHAJE, 17-12-2002								-
100m vrije slag	series	5.	57.12	487	56.46		98%	
50m rugslag	series	6.	31.67	345	30.54	30-9-2017	93%	
200m rugslag	series	3.	2:31.38	339	2:31.08	23-9-2017	100%	
Victor, BARNAR, 5-4-1978								2
50m schoolslag	series	8.	32.63	463	33.10	30-9-2017	103%	
200m schoolslag	series	3.	2:39.10	434	2:40.43	5-5-2017	102%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

IJZPC

Anique, HAZEBROEK, 7-10-2005

100m vrije slag	series	3.	1:07.60	427	1:09.00	14-10-2017	104%
-----------------	--------	----	----------------	-----	---------	------------	------

Lisa, SPRONK, 3-1-1991

100m vrije slag	series	2.	1:59.26	77	1:54.36	12-11-2016	92%
-----------------	--------	----	---------	----	---------	------------	-----

50m rugslag	series	2.	53.03	113	52.00	30-9-2017	96%
-------------	--------	----	-------	-----	-------	-----------	-----

50m schoolslag	series	2.	1:14.01	58	1:13.87	29-10-2016	100%
----------------	--------	----	---------	----	---------	------------	------

1

1

-

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

								12
LZ&PC De Haaien								3
Aaron, HENDRIKSEN OF HENDRIKS, 5-7-2000								
100m vrije slag	series	9.	54.94	547	54.78	29-10-2016	99%	
400m vrije slag	series	AFGEM		-	4:20.07	30-9-2017	-	
50m schoolslag	series	7.	32.08	487	33.67	30-9-2017	110%	
100m vlinderslag	series	2.	1:00.09	523	1:01.00	21-1-2017	103%	
200m wisselslag	series	5.	2:12.51	566	2:15.20	14-1-2017	104%	
Anniek, van BOHEEMEN, 19-2-2004								-
200m rugslag	series	AFGEM		-	2:36.50	13-5-2017	-	
100m vlinderslag	series	7.	1:21.14	304	1:17.80	21-1-2017	92%	
200m wisselslag	series	9.	2:46.55	391	2:40.93	7-1-2017	93%	
Cynthia, SIEBRAND, 24-7-1996								1
100m vrije slag	series	9.	1:01.95	554	1:01.97	11-2-2017	100%	
50m rugslag	series	8.	32.60	488	32.18	1-10-2016	97%	
200m rugslag	series	6.	2:38.20	428	2:33.53	11-2-2017	94%	
100m vlinderslag	series	5.	1:08.49	506	1:07.17	14-1-2017	96%	
Femke, van BOHEEMEN, 27-11-2002								2
100m vrije slag	series	4.	1:03.29	520	1:02.52	8-4-2017	98%	
400m vrije slag	series	5.	4:53.19	511	4:54.39	29-4-2017	101%	
50m rugslag	series	3.	32.82	478	33.09	8-4-2017	102%	
100m vlinderslag	series	4.	1:14.12	399	1:09.52	13-5-2017	88%	
200m wisselslag	series	4.	2:34.60	489	2:31.90	11-2-2017	97%	
Julian, SIEBRAND, 20-6-2001								4
100m vrije slag	series	16.	57.64	473	58.45	11-2-2017	103%	
50m rugslag	series	8.	30.13	401	32.57	27-5-2017	117%	
100m vlinderslag	series	8.	1:03.19	450	1:03.54	13-5-2017	101%	
200m wisselslag	series	15.	2:27.42	411	2:29.25	11-2-2017	102%	
Merel, VERHULST, 15-3-2002								-
100m vrije slag	series	10.	1:06.30	452	1:04.91	11-2-2017	96%	
200m schoolslag	series	4.	3:02.23	402	2:57.61	1-10-2016	95%	
Midas, JAGER, 9-4-2002								2
100m vrije slag	series	6.	58.34	457	1:00.95	7-1-2017	109%	
400m vrije slag	series	6.	4:47.80	401	4:41.39	8-1-2017	96%	
200m rugslag	series	4.	2:31.56	338	2:27.86	12-11-2016	95%	
100m vlinderslag	series	4.	1:08.88	347	1:08.71	12-11-2016	100%	
200m wisselslag	series	6.	2:28.39	403	2:30.30	14-1-2017	103%	

OEZA

-

unattached

-

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

								74
VZC								-
Amber, van de KRAATS, 23-12-1999								
100m vrije slag	series	18.	1:04.56	490	1:03.61	11-3-2017	97%	
400m vrije slag	series	9.	4:57.98	487	4:53.54	12-11-2016	97%	
200m rugslag	series	7.	2:39.90	414	2:34.80	11-3-2017	94%	
50m schoolslag	series	9.	36.92	474	36.61	15-10-2016	98%	
100m vlinderslag	series	16.	1:17.65	347	1:13.09	1-7-2017	89%	
200m wisselslag	series	12.	2:40.14	440	2:34.94	12-2-2017	94%	
Aniek, van de WEERD, 2-3-2004								3
100m vrije slag	series	9.	1:06.10	456	1:04.02	15-10-2017	94%	
50m rugslag	series	1.	32.71	483	33.09	24-6-2017	102%	
200m rugslag	series	2.	2:31.84	484	2:29.09	30-9-2017	96%	
100m vlinderslag	series	2.	1:12.65	424	1:13.84	30-9-2017	103%	
200m wisselslag	series	2.	2:33.57	499	2:38.51	15-10-2017	107%	
Anne-Fleur, OPDAM, 24-9-2003								1
100m vrije slag	series	7.	1:05.54	468	1:06.54	1-4-2017	103%	
200m rugslag	series	3.	2:34.02	463	2:33.86	14-10-2017	100%	
Arie, van der VLIST, 8-12-1998								3
100m vrije slag	series	8.	56.24	510	56.58	3-12-2016	101%	
400m vrije slag	series	3.	4:33.88	465	4:30.48	3-12-2016	98%	
100m vlinderslag	series	6.	1:02.64	462	1:03.26	10-12-2016	102%	
200m wisselslag	series	5.	2:23.12	449	2:24.21	12-11-2016	102%	
Babet, KRUGER, 5-5-2000								1
100m vrije slag	series	13.	1:03.10	525	1:01.45	14-1-2017	95%	
400m vrije slag	series	8.	4:54.96	502	4:47.73	12-11-2016	95%	
50m rugslag	series	9.	32.62	487	32.34	13-5-2017	98%	
50m schoolslag	series	10.	37.01	471	36.88	13-5-2017	99%	
100m vlinderslag	series	12.	1:14.41	395	1:11.51	14-1-2017	92%	
200m wisselslag	series	7.	2:32.68	508	2:33.86	12-2-2017	102%	
Bram, SCHAAFSMA, 9-7-2003								5
100m vrije slag	series	1.	58.23	459	1:00.94	1-7-2017	110%	
400m vrije slag	series	1.	4:28.39	494	4:37.86	20-10-2017	107%	
50m schoolslag	series	4.	37.10	315	37.79	30-9-2017	104%	
100m vlinderslag	series	1.	1:10.82	319	1:11.31	1-7-2017	101%	
200m wisselslag	series	2.	2:25.32	429	2:37.90	12-11-2016	118%	
Brent, GÜNTHER, 29-12-2000								4
100m vrije slag	series	14.	56.94	491	57.07	11-3-2017	100%	
50m rugslag	series	5.	29.33	434	29.57	7-10-2017	102%	
200m rugslag	series	7.	2:24.07	394	2:24.12	11-3-2017	100%	
200m schoolslag	series	7.	2:43.90	397	2:43.10	30-9-2017	99%	
100m vlinderslag	series	3.	1:00.35	517	1:00.26	8-1-2017	100%	
200m wisselslag	series	10.	2:18.85	492	2:21.66	14-10-2017	104%	
Bridget, VERMEER, 26-7-2005								6
100m vrije slag	series	1.	1:03.70	510	1:06.10	16-9-2017	108%	
400m vrije slag	series	1.	4:48.19	538	4:56.55	30-9-2017	106%	
200m rugslag	series	1.	2:42.13	397	2:43.15	30-9-2017	101%	
50m schoolslag	series	1.	37.03	470	39.96	7-10-2017	116%	
200m schoolslag	series	1.	2:58.58	427	2:59.83	7-10-2017	101%	
200m wisselslag	series	1.	2:37.87	459	2:42.33	14-10-2017	106%	
Daen, SPOOR, 14-7-2001								-
100m vrije slag	series	12.	55.99	517	54.77	12-2-2017	96%	
400m vrije slag	series	8.	4:24.83	514	4:23.35	8-1-2017	99%	
50m rugslag	series	6.	29.54	425	29.48	7-10-2017	100%	
200m rugslag	series	6.	2:18.39	444	2:12.88	12-2-2017	92%	
50m schoolslag	series	4.	31.51	514	30.87	27-1-2017	96%	
100m vlinderslag	series	6.	1:02.79	459	59.71	26-1-2017	90%	
200m wisselslag	series	8.	2:16.83	514	2:14.25	27-1-2017	96%	
Duncan, van de WEERDHOF, 23-2-2005								4
100m vrije slag	series	4.	1:10.72	256	1:12.31	1-7-2017	105%	
400m vrije slag	series	3.	5:21.09	288	5:27.88	10-6-2017	104%	
200m rugslag	series	1.	2:47.27	251	2:53.57	30-9-2017	108%	
100m vlinderslag	series	1.	1:31.02	150	1:25.65	1-7-2017	89%	
200m wisselslag	series	4.	2:52.20	258	2:54.93	11-6-2017	103%	
Dèlenn, van OOSTROM, 12-4-1996								-
100m vrije slag	series	AFGEM		-	1:02.97	12-2-2017	-	
Eelke, van BALLEGOOIJEN, 19-4-2001								1
50m schoolslag	series	6.	36.01	511	35.44	8-1-2017	97%	
200m schoolslag	series	3.	2:47.35	519	2:47.76	14-1-2017	100%	
Evica, KLOK, 16-4-2005								1
100m vrije slag	series	5.	1:09.25	397	1:08.42	23-9-2017	98%	
400m vrije slag	series	5.	5:33.71	347	5:25.72	8-4-2017	95%	
200m rugslag	series	3.	2:52.67	329	2:48.55	14-10-2017	95%	
100m vlinderslag	series	2.	1:23.39	280	1:22.54	30-9-2017	98%	
200m wisselslag	series	3.	2:50.60	364	2:59.99	18-2-2017	111%	
Femke, KATS, 27-1-2006								1
100m vrije slag	series	4.	1:15.68	304	1:17.00	16-9-2017	104%	

Regiokampioenschappen MidWest KB
Veenendaal, 11 - 12-11-2017

Femke, SPIERING, 21-10-2002								4
100m vrije slag	series	1.	56.20	743	55.84	15-10-2017	99%	
400m vrije slag	series	1.	4:19.48	738	4:18.23	14-10-2017	99%	
50m rugslag	series	1.	29.92	631	29.48	11-8-2017	97%	
200m rugslag	series	1.	2:18.07	643	2:19.57	26-1-2017	102%	
50m schoolslag	series	3.	36.14	506	36.98	13-5-2017	105%	
200m schoolslag	series	1.	2:42.77	565	2:47.26	11-12-2016	106%	
100m vlinderslag	series	1.	1:01.79	690	1:01.70	27-1-2017	100%	
200m wisselslag	series	1.	2:17.25	699	2:21.06	11-3-2017	106%	
Janine, VERKERK, 16-9-1999								-
100m vrije slag	series	19.	1:05.85	462	1:05.07	12-2-2017	98%	
Jelle, NAP, 4-12-1995								3
50m schoolslag	series	10.	32.98	448	33.98	18-3-2017	106%	
200m schoolslag	series	2.	2:34.92	470	2:35.47	12-2-2017	101%	
100m vlinderslag	series	8.	1:04.70	419	1:04.93	1-7-2017	101%	
200m wisselslag	series	3.	2:19.79	482	2:18.97	11-3-2017	99%	
Josse, BERGMAN, 19-4-2003								4
100m vrije slag	series	3.	1:01.95	554	1:02.97	14-10-2017	103%	
400m vrije slag	series	4.	4:49.26	532	4:45.91	7-10-2017	98%	
50m rugslag	series	2.	31.86	523	33.67	13-5-2017	112%	
200m rugslag	series	2.	2:26.65	537	2:27.93	14-10-2017	102%	
50m schoolslag	series	1.	35.87	517	35.45	7-10-2017	98%	
200m schoolslag	series	2.	2:51.78	480	2:48.80	7-10-2017	97%	
200m wisselslag	series	3.	2:29.31	543	2:37.90	28-1-2017	112%	
Kelly, PATRICIA, 24-9-2004								4
100m vrije slag	series	7.	1:06.02	458	1:06.39	16-9-2017	101%	
50m rugslag	series	5.	34.86	399	35.60	13-5-2017	104%	
50m schoolslag	series	1.	37.38	457	38.07	16-9-2017	104%	
200m schoolslag	series	2.	2:59.62	420	3:04.88	15-1-2017	106%	
Kirsten, VERHALLE, 31-12-2004								5
100m vrije slag	series	2.	1:02.36	544	1:04.78	16-9-2017	108%	
400m vrije slag	series	1.	4:49.09	533	5:02.41	23-9-2017	109%	
50m rugslag	series	2.	33.94	432	35.18	27-5-2017	107%	
200m schoolslag	series	1.	2:55.89	447	2:55.30	7-10-2017	99%	
100m vlinderslag	series	1.	1:12.21	432	1:13.84	30-9-2017	105%	
200m wisselslag	series	3.	2:36.43	472	2:38.56	14-10-2017	103%	
Lars, VERHALLE, 8-5-2002								5
100m vrije slag	series	2.	54.33	565	54.79	15-10-2017	102%	
400m vrije slag	series	3.	4:21.37	535	4:28.22	26-1-2017	105%	
50m rugslag	series	1.	28.53	472	29.04	14-10-2017	104%	
200m schoolslag	series	1.	2:33.58	482	2:41.45	7-1-2017	111%	
200m wisselslag	series	1.	2:12.50	566	2:16.06	15-10-2017	105%	
Lisanne, SEISING, 16-4-2000								3
100m vrije slag	series	20.	1:06.86	441	1:06.00	5-11-2016	97%	
50m schoolslag	series	8.	36.70	483	37.00	7-10-2017	102%	
200m schoolslag	series	6.	2:54.03	462	2:56.44	12-2-2017	103%	
100m vlinderslag	series	10.	1:12.71	423	1:13.28	1-7-2017	102%	
Lotus, van GEEMEN, 22-12-2002								-
100m vlinderslag	series	AFGEM	-	-	1:11.89	24-6-2017	-	
200m wisselslag	series	AFGEM	-	-	2:40.13	7-1-2017	-	
Maaïke, TIJHOF, 8-3-1998								-
100m vrije slag	series	10.	1:02.10	550	1:00.30	6-11-2016	94%	
400m vrije slag	series	6.	4:39.83	588	4:31.40	16-10-2016	94%	
100m vlinderslag	series	14.	1:16.58	362	1:14.64	12-11-2016	95%	
Marjolein, DELNO, 17-3-1994								-
100m vrije slag	series	1.	55.83	758	54.25	5-11-2016	94%	
400m vrije slag	series	1.	4:17.26	757	4:10.56	6-11-2016	95%	
50m schoolslag	series	1.	32.45	699	31.67	14-10-2017	95%	
200m wisselslag	series	1.	2:16.70	708	2:11.34	11-8-2017	92%	
Olaf, ACHTERBERG, 31-1-1990								1
100m vrije slag	series	4.	53.40	596	53.25	15-1-2017	99%	
50m rugslag	series	3.	29.22	439	30.38	27-5-2017	108%	
200m rugslag	series	3.	2:18.56	443	2:16.35	12-2-2017	97%	
Sam, van der DRIFT, 5-5-2003								1
100m vrije slag	series	6.	1:01.59	388	1:01.73	14-10-2017	100%	
400m vrije slag	series	3.	4:48.71	397	4:46.57	8-1-2017	99%	
50m schoolslag	series	5.	38.95	272	38.44	30-9-2017	97%	
100m vlinderslag	series	3.	1:17.73	242	1:15.77	1-7-2017	95%	
Sander, CROOIJMANS, 8-12-2001								1
100m vrije slag	series	4.	53.93	578	52.94	1-7-2017	96%	
400m vrije slag	series	1.	4:01.15	681	4:03.00	14-10-2017	102%	
200m schoolslag	series	4.	2:28.06	538	2:27.50	26-1-2017	99%	
200m wisselslag	series	4.	2:11.78	575	2:11.23	22-10-2017	99%	
Sanne, VONK, 27-1-2003								-
100m vrije slag	series	11.	1:07.03	438	1:06.15	5-11-2016	97%	
Silke, HOLKENBORG, 31-8-2001								1
100m vlinderslag	series	2.	1:04.25	614	1:05.57	12-2-2017	104%	
200m wisselslag	series	2.	2:19.50	666	2:18.81	28-1-2017	99%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

Silke, MOLENDIJK, 10-8-2001							5
100m vrije slag	series	5.	59.68	620	1:00.25	1-7-2017	102%
50m rugslag	series	5.	32.36	499	32.64	30-9-2017	102%
200m rugslag	series	3.	2:29.14	510	2:31.09	12-11-2016	103%
50m schoolslag	series	5.	35.67	526	35.87	26-1-2017	101%
200m schoolslag	series	1.	2:41.16	582	2:39.21	30-9-2017	98%
100m vlinderslag	series	1.	1:04.04	620	1:03.90	27-1-2017	100%
200m wisselslag	series	3.	2:24.59	598	2:27.89	5-11-2016	105%
Sjoerd, GÜNTHER, 29-12-2000							1
100m vrije slag	series	23.	1:00.25	414	1:00.63	11-3-2017	101%
100m vlinderslag	series	14.	1:10.84	319	1:07.59	17-6-2017	91%
200m wisselslag	series	18.	2:33.03	367	2:31.67	17-6-2017	98%
Sten, POSTMA, 26-4-2000							3
100m vrije slag	series	2.	52.38	631	51.29	1-7-2017	96%
400m vrije slag	series	3.	4:06.66	637	4:01.25	26-1-2017	96%
50m rugslag	series	2.	27.78	511	28.41	30-9-2017	105%
200m rugslag	series	1.	2:08.57	554	2:11.96	16-10-2016	105%
50m schoolslag	series	2.	30.53	565	29.75	1-7-2017	95%
200m schoolslag	series	1.	2:21.09	622	2:18.42	12-8-2017	96%
200m wisselslag	series	1.	2:06.45	651	2:08.35	12-2-2017	103%
Thom, DELNO, 8-5-2000							1
100m vrije slag	series	10.	55.68	525	54.21	1-7-2017	95%
400m vrije slag	series	6.	4:20.71	539	4:24.85	15-10-2016	103%
50m rugslag	series	7.	29.56	424	29.42	13-5-2017	99%
50m schoolslag	series	1.	30.50	567	30.03	22-10-2017	97%
200m schoolslag	series	2.	2:23.88	587	2:18.39	26-1-2017	93%
100m vlinderslag	series	5.	1:00.89	503	1:00.49	1-7-2017	99%
200m wisselslag	series	7.	2:15.69	527	2:12.80	27-1-2017	96%
Vincent, CROOIJMANS, 8-12-2001							2
100m vrije slag	series	5.	54.10	573	53.29	1-7-2017	97%
400m vrije slag	series	2.	4:01.22	681	4:00.19	30-9-2017	99%
200m schoolslag	series	3.	2:25.77	564	2:28.23	26-1-2017	103%
200m wisselslag	series	3.	2:11.18	583	2:11.64	22-10-2017	101%

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

Watervlo								2
Ben, de KOK, 26-7-2002								1
100m vrije slag	series	8.	1:00.19	416	1:01.29	16-9-2017	104%	
400m vrije slag	series	5.	4:44.35	415	4:42.36	14-10-2017	99%	
50m schoolslag	series	AFGEM		-	34.40	30-9-2017	-	
Björn, AGTERBERG, 26-1-2003								1
100m vrije slag	series	8.	1:05.22	327	1:08.42	7-1-2017	110%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

ZPC AMERSFOORT								80
Austin, NAMESNIK, 27-7-2001								4
100m vrije slag	series	1.	52.15	639	52.47	27-1-2017	101%	
50m rugslag	series	1.	26.70	576	26.74	21-10-2017	100%	
200m rugslag	series	3.	2:13.62	494	2:09.40	18-6-2017	94%	
100m vlinderslag	series	1.	55.80	654	57.13	15-10-2017	105%	
200m wisselslag	series	2.	2:06.58	649	2:07.18	22-10-2017	101%	
Bas, MORELISSEN, 12-10-2001								3
100m vrije slag	series	3.	53.83	581	54.10	15-10-2017	101%	
200m rugslag	series	2.	2:12.44	507	2:13.17	29-1-2017	101%	
100m vlinderslag	series	4.	1:00.84	504	1:00.51	24-6-2017	99%	
200m wisselslag	series	6.	2:15.62	528	2:17.74	27-1-2017	103%	
Daniël, CLAASEN, 21-6-2001								-
100m vrije slag	series	6.	54.14	571	52.77	27-1-2017	95%	
400m vrije slag	series	4.	4:16.93	563	4:13.08	26-1-2017	97%	
100m vlinderslag	series	9.	1:04.86	416	1:00.34	15-10-2017	87%	
Daniël, RYKOV, 22-4-2002								4
50m rugslag	series	4.	31.06	366	32.71	30-4-2017	111%	
200m rugslag	series	2.	2:23.39	399	2:24.25	11-12-2016	101%	
100m vlinderslag	series	3.	1:03.96	434	1:05.06	18-12-2016	103%	
200m wisselslag	series	5.	2:23.03	450	2:24.43	14-10-2017	102%	
Dave, HOLWEG, 3-12-1997								4
100m vrije slag	series	5.	54.87	549	55.86	8-1-2017	104%	
400m vrije slag	series	1.	4:18.88	551	4:18.00	1-10-2017	99%	
50m rugslag	series	2.	28.58	469	29.25	8-7-2017	105%	
200m rugslag	series	1.	2:10.17	534	2:10.97	14-10-2017	101%	
50m schoolslag	series	11.	33.38	432	33.08	11-12-2016	98%	
200m schoolslag	series	1.	2:32.23	495	2:29.70	14-10-2017	97%	
100m vlinderslag	series	5.	1:02.33	469	1:02.64	13-10-2017	101%	
200m wisselslag	series	2.	2:13.71	551	2:12.56	15-10-2017	98%	
Elise, HARDEMAN, 21-7-2001								3
100m vrije slag	series	2.	58.13	671	58.16	15-10-2017	100%	
400m vrije slag	series	4.	4:37.35	604	4:46.27	18-12-2016	107%	
100m vlinderslag	series	7.	1:09.57	483	1:09.43	24-9-2017	100%	
200m wisselslag	series	8.	2:35.26	483	2:41.45	19-2-2017	108%	
Florian, van HEEST, 4-1-2003								-
50m schoolslag	series	AFGEM	-	-	35.06	22-10-2017	-	
200m schoolslag	series	AFGEM	-	-	2:54.70	9-10-2016	-	
Gideon, HEIJ, 4-4-1998								-
100m vlinderslag	series	7.	1:03.12	451	1:01.63	3-12-2016	95%	
200m wisselslag	series	4.	2:21.65	463	2:18.89	18-12-2016	96%	
Jelle, BLANKESTIJN, 3-7-1998								1
100m vrije slag	series	7.	56.20	511	56.03	1-7-2017	99%	
400m vrije slag	series	2.	4:21.70	533	4:18.20	1-10-2017	97%	
50m rugslag	series	4.	30.12	401	30.51	1-7-2017	103%	
Jesse, van DIJK, 11-2-1999								1
100m vrije slag	series	3.	52.70	620	52.51	29-1-2017	99%	
50m schoolslag	series	5.	30.81	550	30.13	6-11-2016	96%	
100m vlinderslag	series	1.	56.51	629	56.44	26-1-2017	100%	
200m wisselslag	series	1.	2:09.64	604	2:10.76	14-1-2017	102%	
Jetske, MOOT, 11-5-2004								3
100m vrije slag	series	1.	1:01.13	577	1:01.62	27-1-2017	102%	
200m rugslag	series	1.	2:27.27	530	2:22.18	26-1-2017	93%	
100m vlinderslag	series	3.	1:13.76	405	1:13.93	30-9-2017	100%	
200m wisselslag	series	1.	2:32.45	510	2:34.07	28-1-2017	102%	
Jorick, van BON, 5-2-2003								2
200m schoolslag	series	4.	3:10.08	254	3:16.58	22-4-2017	107%	
200m wisselslag	series	5.	2:46.88	283	2:51.60	20-5-2017	106%	
Joëlla, BRUINS, 21-2-2003								-
100m vrije slag	series	AFGEM	-	-	1:05.30	18-12-2016	-	
Kasper, LEEUW, 11-5-1993								1
50m schoolslag	series	2.	28.37	705	27.07	3-12-2016	91%	
100m vlinderslag	series	3.	58.77	559	1:00.70	9-10-2016	107%	
Kingue, STRUIJF, 19-5-1994								1
50m schoolslag	series	1.	28.23	715	27.53	7-8-2017	95%	
100m vlinderslag	series	2.	56.58	627	57.26	24-6-2017	102%	
Kirill, HRABCUNS, 22-1-2002								1
100m vrije slag	series	3.	55.83	521	55.43	9-7-2017	99%	
200m rugslag	series	1.	2:15.30	475	2:15.50	29-1-2017	100%	
100m vlinderslag	series	2.	1:00.46	514	59.57	24-6-2017	97%	
200m wisselslag	series	2.	2:17.29	509	2:17.11	27-1-2017	100%	
Koen, LEMS, 30-12-1996								2
100m vrije slag	series	2.	51.89	649	51.68	5-11-2016	99%	
200m rugslag	series	2.	2:13.41	496	2:21.87	19-5-2017	113%	
100m vlinderslag	series	4.	58.89	556	1:02.46	13-10-2017	112%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

Koen, MARSMAN, 12-11-2005								1
100m vrije slag	series	3.	1:10.24	261	1:10.03	22-10-2017	99%	
400m vrije slag	series	4.	5:39.80	243	5:27.38	14-10-2017	93%	
200m wisselslag	series	3.	2:51.94	259	2:58.26	11-6-2017	107%	
Larissa, BRAK, 28-7-1988								-
50m schoolslag	series	2.	33.07	660	32.65	5-11-2016	97%	
200m schoolslag	series	2.	2:44.89	543	2:37.14	4-11-2016	91%	
100m vlinderslag	series	11.	1:13.40	411	1:10.83	9-7-2017	93%	
Lieke, NIJMEIJER, 29-3-2003								1
100m vrije slag	series	6.	1:04.17	499	1:03.20	24-6-2017	97%	
400m vrije slag	series	6.	4:57.64	489	4:47.98	11-3-2017	94%	
100m vlinderslag	series	5.	1:18.28	339	1:16.93	24-6-2017	97%	
200m wisselslag	series	5.	2:37.80	460	2:45.03	5-3-2017	109%	
Lisa, KRUGER, 4-9-2000								-
100m vrije slag	series	1.	1:03.96	504	1:01.04	4-10-2017	91%	
400m vrije slag	series	1.	5:02.07	467	4:48.68	8-7-2017	91%	
50m rugslag	series	1.	32.53	491	31.97	24-6-2017	97%	
200m rugslag	series	5.	2:37.18	436	2:28.85	4-12-2016	90%	
50m schoolslag	series	1.	35.20	547	34.41	24-6-2017	96%	
200m schoolslag	series	5.	2:53.69	465	2:51.27	15-1-2017	97%	
100m vlinderslag	series	1.	1:17.11	355	1:11.83	24-6-2017	87%	
200m wisselslag	series	1.	2:36.01	476	2:28.94	5-10-2017	91%	
Lucrecia, FRETZ, 26-12-2004								2
100m vrije slag	series	12.	1:09.78	388	1:08.10	1-4-2017	95%	
50m rugslag	series	8.	36.97	334	37.26	22-4-2017	102%	
100m vlinderslag	series	10.	1:22.35	291	1:20.69	11-12-2016	96%	
200m wisselslag	series	10.	2:54.85	338	2:54.95	28-4-2017	100%	
Marijn, SNEL, 5-1-2004								1
100m vrije slag	series	5.	1:11.57	247	1:08.31	7-1-2017	91%	
50m rugslag	series	5.	34.96	256	36.81	22-4-2017	111%	
200m rugslag	series	3.	2:54.57	221	2:48.15	30-9-2017	93%	
50m schoolslag	series	5.	41.56	224	40.38	11-12-2016	94%	
100m vlinderslag	series	2.	1:21.07	213	1:19.26	21-6-2017	96%	
200m wisselslag	series	3.	2:54.31	248	2:49.66	14-1-2017	95%	
Mart, NIEHOFF, 20-8-2001								2
100m vrije slag	series	8.	54.51	560	52.83	9-7-2017	94%	
50m rugslag	series	3.	27.79	511	27.93	14-10-2017	101%	
200m rugslag	series	4.	2:14.40	485	2:12.64	8-7-2017	97%	
50m schoolslag	series	8.	32.54	467	33.33	4-12-2016	105%	
200m wisselslag	series	11.	2:19.26	487	2:12.05	9-7-2017	90%	
Mats, van de WEERD, 19-10-2001								2
100m vrije slag	series	22.	59.61	428	59.52	1-4-2017	100%	
400m vrije slag	series	9.	4:32.84	470	4:33.66	1-4-2017	101%	
200m wisselslag	series	14.	2:26.38	420	2:34.20	20-5-2017	111%	
Milan, ten BROEK, 2-5-2000								-
50m schoolslag	series	3.	31.13	533	30.69	16-6-2017	97%	
200m schoolslag	series	5.	2:31.81	499	2:31.45	1-10-2017	100%	
Nathan, van WEES, 23-12-2001								5
100m vrije slag	series	2.	58.89	444	59.79	24-6-2017	103%	
400m vrije slag	series	2.	4:40.60	432	4:56.72	15-6-2017	112%	
50m rugslag	series	2.	31.87	338	32.47	24-6-2017	104%	
100m vlinderslag	series	1.	1:10.16	329	1:17.05	26-1-2017	121%	
200m wisselslag	series	2.	2:32.36	372	2:33.87	16-6-2017	102%	
Nienke, SNEL, 5-1-2004								1
100m vrije slag	series	4.	1:04.13	500	1:03.33	24-6-2017	98%	
50m rugslag	series	3.	34.32	418	34.06	1-4-2017	98%	
200m rugslag	series	3.	2:44.68	379	2:38.76	18-3-2017	93%	
50m schoolslag	series	2.	38.62	414	39.35	8-1-2017	104%	
100m vlinderslag	series	9.	1:21.74	298	1:15.92	21-6-2017	86%	
200m wisselslag	series	8.	2:46.32	393	2:38.67	28-1-2017	91%	
Noa, STEENPOORTE, 7-6-2003								1
50m schoolslag	series	6.	38.76	410	39.30	9-4-2017	103%	
200m schoolslag	series	3.	2:59.43	421	2:57.50	1-10-2017	98%	
Pippa, van 't LAND, 25-1-2006								5
100m vrije slag	series	1.	1:05.00	480	1:05.25	13-5-2017	101%	
50m rugslag	series	1.	34.64	406	35.80	3-6-2017	107%	
200m rugslag	series	1.	2:48.98	351	2:45.96	30-9-2017	96%	
50m schoolslag	series	1.	39.67	382	42.26	24-6-2017	113%	
100m vlinderslag	series	1.	1:12.03	435	1:14.21	30-9-2017	106%	
200m wisselslag	series	1.	2:39.04	449	2:45.79	10-6-2017	109%	
Riemke, BOSMA, 22-4-1999								1
100m vrije slag	series	3.	58.53	658	57.86	5-11-2016	98%	
400m vrije slag	series	5.	4:39.53	590	4:35.28	12-11-2016	97%	
100m vlinderslag	series	3.	1:06.51	553	1:07.57	18-12-2016	103%	
200m wisselslag	series	6.	2:31.60	519	2:30.95	18-12-2016	99%	
Rijk, DRAGSTRA, 25-7-2001								1
100m vrije slag	series	11.	55.71	524	54.89	15-10-2017	97%	
400m vrije slag	series	5.	4:18.53	553	4:18.55	14-10-2017	100%	

Regiokampioenschappen MidWest KB
Veenendaal, 11 - 12-11-2017

50m schoolslag	series	6.	31.90	495	31.57	14-10-2017	98%	
100m vlinderslag	series	11.	1:05.96	396	1:04.02	11-12-2016	94%	
Rijk, HEERE, 28-11-2003								
100m vrije slag	series	2.	58.34	457	58.07	9-7-2017	99%	2
400m vrije slag	series	2.	4:34.03	464	4:32.69	14-10-2017	99%	
50m schoolslag	series	1.	32.91	451	33.42	16-9-2017	103%	
200m schoolslag	series	1.	2:38.32	440	2:42.30	15-10-2016	105%	
200m wisselslag	series	1.	2:24.37	437	2:23.88	14-10-2017	99%	
Ruben, CLAASEN, 23-9-2004								
100m vrije slag	series	2.	58.68	449	58.05	22-10-2017	98%	4
50m rugslag	series	2.	31.78	341	33.79	17-6-2017	113%	
200m rugslag	series	1.	2:25.50	382	2:27.17	30-9-2017	102%	
50m schoolslag	series	1.	32.32	476	33.46	14-10-2017	107%	
200m schoolslag	series	1.	2:35.05	469	2:40.68	26-1-2017	107%	
Sam, JANMAAT, 16-5-2002								
100m vrije slag	series	1.	57.00	490	57.32	12-8-2017	101%	4
400m vrije slag	series	1.	4:20.80	539	4:30.37	15-6-2017	107%	
50m rugslag	series	1.	30.33	393	30.37	24-6-2017	100%	
50m schoolslag	series	1.	34.92	378	34.41	30-9-2017	97%	
200m wisselslag	series	1.	2:20.89	471	2:29.37	16-6-2017	112%	
Simon, CLAASEN, 23-9-2004								
100m vrije slag	series	1.	56.23	510	56.52	22-10-2017	101%	4
400m vrije slag	series	1.	4:27.86	497	4:28.34	14-10-2017	100%	
50m rugslag	series	1.	29.66	420	31.62	1-7-2017	114%	
100m vlinderslag	series	1.	1:02.32	469	1:04.16	30-9-2017	106%	
Sophie, FAVEAUX, 4-1-2006								
100m vrije slag	series	2.	1:08.23	415	1:09.54	1-10-2017	104%	4
400m vrije slag	series	1.	5:33.08	349	5:41.51	11-6-2017	105%	
50m schoolslag	series	2.	40.16	368	39.54	11-6-2017	97%	
200m schoolslag	series	1.	3:13.91	334	3:26.41	4-6-2017	113%	
200m wisselslag	series	2.	2:51.84	356	3:00.32	18-2-2017	110%	
Sterre, VEERSMA, 20-4-2002								
100m vrije slag	series	AFGEM	-	-	58.98	15-4-2017	-	-
400m vrije slag	series	AFGEM	-	-	4:44.18	5-2-2017	-	-
50m schoolslag	series	AFGEM	-	-	36.43	1-4-2017	-	-
100m vlinderslag	series	AFGEM	-	-	1:09.23	13-12-2016	-	-
200m wisselslag	series	AFGEM	-	-	2:32.10	5-2-2017	-	-
Stijn, van AKEN, 14-8-1999								
100m vrije slag	series	6.	56.09	514	53.97	27-1-2017	93%	1
50m rugslag	series	5.	30.53	385	30.76	19-2-2017	102%	
200m rugslag	series	4.	2:22.56	406	2:14.72	16-10-2016	89%	
Storm, WILLEMSSEN, 1-1-2001								
400m vrije slag	series	2.	4:24.52	696	4:43.63	12-11-2016	115%	2
50m rugslag	series	2.	30.79	579	31.23	16-6-2017	103%	
Suze, BLEEKER, 21-8-2002								
100m vrije slag	series	9.	1:05.80	463	1:06.13	28-5-2017	101%	1
200m rugslag	series	4.	2:44.89	378	2:44.36	27-5-2017	99%	
Thijs, van HOFWEEGEN, 30-11-1996								
100m vrije slag	series	3.	1:08.76	279	1:06.75	6-11-2016	94%	-
400m vrije slag	series	3.	5:24.01	281	5:10.13	3-12-2016	92%	
50m rugslag	series	3.	37.51	207	36.22	6-11-2016	93%	
Thomas, VERHOEVEN, 18-4-1997								
50m schoolslag	series	3.	28.37	705	27.72	7-8-2017	95%	-
Tom, BLANKESTIJN, 28-2-2002								
100m vrije slag	series	9.	1:00.22	415	58.95	1-4-2017	96%	2
400m vrije slag	series	4.	4:30.01	485	4:30.13	14-10-2017	100%	
200m wisselslag	series	7.	2:30.85	383	2:31.16	11-2-2017	100%	
Tyrese, WILSON, 14-2-2000								
100m vrije slag	series	7.	54.14	571	52.89	24-9-2017	95%	1
50m rugslag	series	4.	29.09	445	29.84	1-4-2017	105%	
200m rugslag	series	5.	2:17.94	449	2:13.20	11-3-2017	93%	
50m schoolslag	series	5.	31.57	511	30.58	27-1-2017	94%	
200m schoolslag	series	6.	2:35.36	466	2:33.71	1-10-2016	98%	
100m vlinderslag	series	7.	1:02.95	455	1:01.78	14-10-2017	96%	
200m wisselslag	series	9.	2:17.20	510	2:15.77	27-1-2017	98%	
Ymke, DRAGSTRA, 2-11-2003								
100m vrije slag	series	5.	1:03.39	518	1:02.88	24-6-2017	98%	2
400m vrije slag	series	3.	4:45.90	551	4:49.16	11-3-2017	102%	
100m vlinderslag	series	3.	1:10.81	458	1:11.01	24-6-2017	101%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

								12
ZPC Woerden								
Daan, HOOGENDOORN, 14-10-2005								1
100m vrije slag	series	2.	1:09.84	266	1:09.70	16-9-2017	100%	
400m vrije slag	series	2.	5:16.72	300	5:16.28	10-6-2017	100%	
50m schoolslag	series	2.	39.67	257	39.61	14-10-2017	100%	
200m schoolslag	series	1.	3:04.75	277	3:06.36	11-2-2017	102%	
200m wisselslag	series	2.	2:48.76	274	2:46.94	14-10-2017	98%	
Ian, TERLOUW, 27-5-2000								-
100m vrije slag	series	17.	57.74	471	56.72	11-3-2017	96%	
400m vrije slag	series	11.	4:40.30	434	4:34.78	8-1-2017	96%	
Jamilla, van VEEN, 24-7-1996								-
100m vrije slag	series	4.	59.35	631	58.72	3-12-2016	98%	
400m vrije slag	series	3.	4:32.77	635	4:32.11	20-1-2017	100%	
50m rugslag	series	1.	30.29	608	29.65	1-10-2016	96%	
200m rugslag	series	1.	2:20.32	613	2:20.14	11-2-2017	100%	
Lucas, PFAFF, 2-1-2003								5
100m vrije slag	series	3.	59.09	439	1:00.60	14-10-2017	105%	
50m rugslag	series	2.	32.80	310	34.60	21-10-2017	111%	
50m schoolslag	series	3.	33.78	417	34.74	15-1-2017	106%	
200m schoolslag	series	2.	2:45.16	388	2:49.51	8-1-2017	105%	
200m wisselslag	series	3.	2:29.55	393	2:32.93	24-9-2017	105%	
Ruben, ZWARTENBOL, 12-11-2001								1
200m rugslag	series	8.	2:30.17	348	2:33.24	20-5-2017	104%	
Sabine, LINA, 8-5-1989								1
100m vrije slag	series	15.	1:04.00	503	1:04.01	7-1-2017	100%	
50m rugslag	series	12.	34.27	420	33.20	2-10-2016	94%	
Veerle, van MUNSTER, 20-10-2001								2
50m schoolslag	series	4.	35.49	534	35.84	28-1-2017	102%	
200m schoolslag	series	4.	2:52.55	474	2:56.62	29-1-2017	105%	
Wim, van DUUREN, 24-10-2001								2
100m vrije slag	series	15.	56.97	490	57.78	17-6-2017	103%	
400m vrije slag	series	10.	4:33.09	469	4:34.00	14-10-2017	101%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

Zwemclub Zeist								5
Brittney, HAHN, 13-4-2005								-
100m vrije slag	series	7.	1:13.20	336	1:10.58	16-9-2017	93%	
50m rugslag	series	2.	37.26	327	35.92	3-6-2017	93%	
200m rugslag	series	AFGEM		-	2:54.92	14-10-2017	-	
Menno, BAS, 17-2-1999								1
50m schoolslag	series	9.	32.64	462	33.16	12-11-2016	103%	
Rick, DIJKHUIZEN, 26-10-2004								3
400m vrije slag	series	4.	5:26.20	275	5:30.01	25-3-2017	102%	
50m rugslag	series	4.	34.73	261	34.53	25-3-2017	99%	
200m rugslag	series	2.	2:38.34	296	2:48.40	8-4-2017	113%	
200m wisselslag	series	2.	2:46.50	285	2:50.91	14-10-2017	105%	
Timo, DEKKERS, 1-4-2003								1
100m vrije slag	series	10.	1:06.98	302	1:06.27	30-9-2017	98%	
50m rugslag	series	3.	33.87	282	34.54	11-3-2017	104%	

Regiokampioenschappen MidWest KB
Veenendaal, 11 - 12-11-2017

Zwemlust-den Hommel								25
Amun, MAJIDZADA, 16-9-2004								5
100m vrije slag	series	4.	1:04.58	336	1:07.58	8-4-2017	110%	
400m vrije slag	series	2.	5:02.72	344	5:22.66	20-5-2017	114%	
50m rugslag	series	3.	34.23	273	34.11	21-6-2017	99%	
50m schoolslag	series	3.	35.60	356	37.58	14-10-2017	111%	
200m schoolslag	series	2.	2:58.07	309	3:14.01	11-3-2017	119%	
200m wisselslag	series	1.	2:38.07	333	2:43.91	14-10-2017	108%	
Danny, van GRONDELLE, 22-4-2004								2
400m vrije slag	series	3.	5:21.20	288	5:41.66	20-5-2017	113%	
50m rugslag	series	6.	35.87	237	37.94	22-4-2017	112%	
50m schoolslag	series	4.	40.96	234	40.43	23-9-2017	97%	
Jonah, STEKELENBURG, 17-12-2001								1
100m vrije slag	series	21.	59.27	435	58.25	14-10-2017	97%	
400m vrije slag	series	13.	4:57.25	364	4:47.21	14-10-2017	93%	
50m schoolslag	series	9.	34.70	385	34.71	23-9-2017	100%	
Lisa, SHI, 24-5-2002								1
50m schoolslag	series	4.	37.97	436	38.45	1-10-2016	103%	
Liselot, WRISTERS, 7-10-2003								-
50m schoolslag	series	5.	38.49	418	38.31	23-9-2017	99%	
Lonneke, TIJMSTRA, 17-2-2005								3
100m vrije slag	series	6.	1:13.06	338	1:15.23	28-5-2017	106%	
400m vrije slag	series	4.	5:31.69	353	5:40.82	27-5-2017	106%	
50m rugslag	series	3.	37.67	316	39.05	20-5-2017	107%	
Manar, TAYA, 13-1-2003								-
100m vrije slag	series	AFGEM	-	-	1:06.57	18-6-2017	-	
50m schoolslag	series	AFGEM	-	-	37.62	23-9-2017	-	
Mark, ZWART, 29-7-1979								1
50m schoolslag	series	6.	32.53	467	32.59	20-1-2017	100%	
Nigel, WERRING, 29-9-2003								4
100m vrije slag	series	5.	1:01.57	388	1:01.69	14-10-2017	100%	
400m vrije slag	series	4.	4:48.86	396	4:49.33	14-10-2017	100%	
100m vlinderslag	series	2.	1:12.44	299	1:12.68	14-10-2017	101%	
200m wisselslag	series	4.	2:36.32	344	2:48.05	11-2-2017	116%	
Norah, EIJSBROEK, 12-1-2003								1
100m vrije slag	series	12.	1:09.82	387	1:05.24	11-3-2017	87%	
50m rugslag	series	4.	34.11	426	35.22	20-5-2017	107%	
Sophie, STEKELENBURG, 21-1-2004								2
100m vrije slag	series	3.	1:03.89	505	1:03.57	25-3-2017	99%	
400m vrije slag	series	4.	5:10.69	430	5:12.03	27-5-2017	101%	
50m rugslag	series	4.	34.49	412	34.33	21-6-2017	99%	
100m vlinderslag	series	8.	1:21.39	302	1:20.02	14-1-2017	97%	
200m wisselslag	series	6.	2:45.63	398	2:49.30	7-1-2017	104%	
Sven, SCHUTTE, 20-6-1986								-
100m vrije slag	series	AFGEM	-	-	1:01.19	6-11-2016	-	
Thijmen, PEETERS, 23-10-2005								1
400m vrije slag	series	5.	5:40.11	243	5:49.74	14-10-2017	106%	
Vincent, VERSTEEG, 9-11-1977								-
50m schoolslag	series	7.	32.58	465	31.95	20-1-2017	96%	
200m schoolslag	series	4.	2:41.98	411	2:34.35	21-1-2017	91%	
Yardan, TAYA, 20-6-2005								4
100m vrije slag	series	1.	1:05.88	317	1:07.28	11-6-2017	104%	
400m vrije slag	series	1.	5:07.56	328	5:23.03	10-6-2017	110%	
50m rugslag	series	1.	39.27	181	37.33	21-6-2017	90%	
50m schoolslag	series	1.	36.95	319	37.39	23-9-2017	102%	
200m wisselslag	series	1.	2:43.17	303	2:47.55	14-10-2017	105%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

Zwemvereniging Hoogland								16
Anne-Irene, DUCHEINE, 7-10-1995								4
400m vrije slag	series	7.	4:53.97	507	4:57.83	15-1-2017	103%	
50m rugslag	series	3.	31.91	520	32.16	13-5-2017	102%	
200m rugslag	series	2.	2:26.87	535	2:29.22	13-5-2017	103%	
100m vlinderslag	series	9.	1:10.89	457	1:11.04	13-5-2017	100%	
Elenya, AKYUREK, 12-8-2004								3
100m vrije slag	series	5.	1:04.99	480	1:05.29	13-5-2017	101%	
50m rugslag	series	7.	36.66	343	37.62	20-5-2017	105%	
200m schoolslag	series	3.	3:01.15	409	2:58.61	30-9-2017	97%	
100m vlinderslag	series	5.	1:16.58	362	1:16.95	18-2-2017	101%	
Esmée, MOREL, 24-11-1998								-
100m vrije slag	series	16.	1:04.03	502	1:01.91	8-4-2017	93%	
50m rugslag	series	13.	35.55	376	33.29	9-10-2016	88%	
50m schoolslag	series	11.	38.39	422	36.83	15-10-2016	92%	
100m vlinderslag	series	8.	1:10.81	458	1:09.46	11-3-2017	96%	
200m wisselslag	series	10.	2:37.14	466	2:34.20	9-10-2016	96%	
Stephan, PUTMAN, 22-9-1995								3
100m vrije slag	series	1.	51.68	657	53.91	6-11-2016	109%	
50m rugslag	series	1.	27.34	536	28.97	2-10-2016	112%	
50m schoolslag	series	4.	29.39	634	30.95	13-11-2016	111%	
Tim, TIELKEMEIJER, 23-1-2003								6
100m vrije slag	series	4.	59.84	423	1:01.98	30-9-2017	107%	
400m vrije slag	series	5.	4:51.19	387	5:11.09	29-4-2017	114%	
50m rugslag	series	1.	31.78	341	33.79	21-10-2017	113%	
200m rugslag	series	1.	2:35.74	312	2:48.88	20-5-2017	118%	
50m schoolslag	series	2.	33.51	427	35.87	23-9-2017	115%	
200m schoolslag	series	3.	2:48.19	367	2:52.87	29-4-2017	106%	

Regiokampioenschappen MidWest KB
Veenendaal, 11- - 12-11-2017

Zwemvereniging Woestduin								3
Maurits, REEF, 29-4-2004								-
100m vrije slag	series	AFGEM		-	1:04.22	3-6-2017	-	
50m schoolslag	series	AFGEM		-	35.81	30-9-2017	-	
Olivier, REEF, 29-4-2004								2
100m vrije slag	series		3.	1:00.90	401	1:02.70	30-9-2017	106%
50m schoolslag	series		2.	35.45	361	36.89	8-4-2017	108%
Thijs, van SPINGELEN, 12-3-2003								1
100m vrije slag	series		9.	1:06.83	304	1:09.80	21-5-2017	109%