

Programmanr. 27
 1-12-2024 - 16:25

Dames, 400m vrije slag

 11 jaar en ouder
 Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	BAX, Yanique	Zpc Amersfoort	4:53.05	201001428	4:48.45
	50m: 32.81	32.81 150m:	250m:	350m:	
	100m: 1:08.99	36.18 200m: 2:22.99	300m:	400m: 4:48.45	
2.	VAN MEENE, Dante	Daw	4:49.91	200900678	4:50.75
	50m: 32.65	32.65 150m:	250m:	350m:	
	100m: 1:08.85	36.20 200m: 2:23.14	300m:	400m: 4:50.75	
3.	VAN KAMPEN, Linou	ZPCH	4:57.09	201000594	4:52.19
	50m: 33.51	33.51 150m:	250m:	350m:	
	100m: 1:11.80	38.29 200m: 2:23.73	300m:	400m: 4:52.19	
4.	DE WAARD, Tess	ZV Haerlem	5:02.97	200903946	4:53.64
	50m: 33.77	33.77 150m:	250m:	350m:	
	100m: 1:10.62	36.85 200m: 2:25.40	300m:	400m: 4:53.64	
5.	VAN DEN IDSERT, Yuna	Daw	4:50.87	201001196	4:56.02
	50m: 33.33	33.33 150m:	250m:	350m:	
	100m: 1:10.61	37.28 200m: 2:25.76	300m:	400m: 4:56.02	
6.	VONK, Lian	Zpc Amersfoort	5:03.08	201001606	5:00.04
	50m: 32.91	32.91 150m:	250m:	350m:	
	100m: 1:09.87	36.96 200m: 2:26.39	300m:	400m: 5:00.04	
7.	MULDER, Anouk	De Columbiaan	5:07.38	201200962	5:00.07
	50m: 33.58	33.58 150m:	250m:	350m:	
	100m: 1:11.01	37.43 200m: 2:28.65	300m:	400m: 5:00.07	
8.	BISPERINK, Noortje	Zpc Amersfoort	4:58.51	201100486	5:02.68
	50m: 33.13	33.13 150m:	250m:	350m:	
	100m: 1:09.59	36.46 200m: 2:26.24	300m:	400m: 5:02.68	
9.	FARKAS, Fanni	De Columbiaan	5:05.29	201100360	5:07.35
	50m: 34.03	34.03 150m:	250m:	350m:	
	100m: 1:12.26	38.23 200m: 2:30.01	300m:	400m: 5:07.35	
10.	TOORNEND, Juno	ZV Haerlem	5:22.59	201101718	5:07.39
	50m: 35.09	35.09 150m:	250m:	350m:	
	100m: 1:13.62	38.53 200m: 2:33.33	300m:	400m: 5:07.39	
11.	STEGINK, Charlotte	ZV Haerlem	5:15.59	201103760	5:10.88
	50m: 33.88	33.88 150m:	250m:	350m:	
	100m: 1:12.03	38.15 200m: 2:31.67	300m:	400m: 5:10.88	
12.	EKBERG, Isabella	Zpc Amersfoort	5:16.00	201202206	5:13.36
	50m: 34.43	34.43 150m:	250m:	350m:	
	100m: 1:12.95	38.52 200m: 2:33.53	300m:	400m: 5:13.36	
13.	MALAPIERO, Daniela	Zpc Amersfoort	5:18.08	200900496	5:21.20
	50m: 33.85	33.85 150m:	250m:	350m:	
	100m: 1:12.26	38.41 200m: 2:34.20	300m:	400m: 5:21.20	
14.	VAN LEEUWEN, Lucia	ZV Haerlem	5:24.02	200802016	5:23.46
	50m: 35.45	35.45 150m:	250m:	350m:	
	100m: 1:15.40	39.95 200m: 2:38.00	300m:	400m: 5:23.46	
15.	HOGERVORST, Jet	De Columbiaan	5:29.88	201200738	5:36.48
	50m: 37.24	37.24 150m:	250m:	350m:	
	100m: 1:19.74	42.50 200m: 2:45.46	300m:	400m: 5:36.48	
16.	RODENBURG, Amy	Zpc Amersfoort	5:46.58	200904480	5:48.35
	50m: 37.85	37.85 150m:	250m:	350m:	
	100m: 1:20.74	42.89 200m: 2:50.03	300m:	400m: 5:48.35	
17.	KLOK, Romy	Daw	5:59.65	201003666	5:59.94
	50m: 40.08	40.08 150m:	250m:	350m:	
	100m: 1:26.08	46.00 200m: 2:58.57	300m:	400m: 5:59.94	
18.	FRANSEN, Jule	ZV Haerlem	NT	201004142	6:14.23
	50m: 42.96	42.96 150m:	250m:	350m:	
	100m: 1:30.08	47.12 200m: 3:07.62	300m:	400m: 6:14.23	
19.	VAN PARIDON, Senna	Zvl-1886	6:22.98	201201338	6:26.19
	50m: 41.80	41.80 150m:	250m:	350m:	
	100m: 1:28.09	46.29 200m: 3:06.31	300m:	400m: 6:26.19	
20.	BARENDSE, Eva	ZV De Zaan	6:22.66	201201030	6:36.62
	50m: 42.06	42.06 150m:	250m:	350m:	
	100m: 1:30.77	48.71 200m: 3:14.25	300m:	400m: 6:36.62	
21.	POPPINK, Cato	ZV Haerlem	NT	201004024	6:52.51
	50m: 44.84	44.84 150m:	250m:	350m:	
	100m: 1:37.30	52.46 200m: 3:24.66	300m:	400m: 6:52.51	